

Overview: Living daily under Grace requires that you live daily under faith. Grace as a lifestyle can occur only with faith as a lifestyle. Without faith, you cannot please God. Without faith, there is no grace. Grace is released by your words and actions of faith.

A. Living under the Law.

1. Under Law during the Age of Grace.

Gal 5:4 Christ is become of no effect unto you, whosoever of you are justified by the law; ye are fallen from grace.

Rom 14:23 KJV ... for whatsoever is not of faith is sin.

Rom 14:23 NIV ... everything that does not come from faith is sin.

Rom 14:23 AMPC For whatever does not originate *and* proceed from faith is sin [whatever is done without a conviction of its approval by God is sinful]. **Note:** we make about 25,000 decisions per day.

2. Under Grace.

Being Under Grace is a state (or condition) of living into which you may choose to enter, remain or leave.

Your faith moves you into the state of being Under Grace.

Eph 2:8,9 For by grace are ye saved **through faith**; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.

3. Word and Actions of Faith bring you Under Grace.

Rom 1:17 For therein is the righteousness of God revealed from faith to faith: as it is written, the just shall live by faith.

Rom 4:16 KJV Therefore it (*promise*) is of faith, that it might be by grace;

Rom 4:16 AMPC Therefore, [inheriting] the promise is the outcome of faith and depends [entirely] on faith, in order that it might be given as an act of grace (unmerited favor),

B. Living under Grace.

Words and Actions of Faith release grace into our lives. The faith of confessing our known sins (KS) and the faith of dealing with our unknown sins (US) make an extremely powerful partnership with the faith of doing (Healing or any other) Affirmations to produce miracles in our daily lives.

1. Rom 6:14 For sin shall not have dominion over you: for ye are not under the law, but under grace.

2. Known Sins.

1 John 1:9 Heavenly Father (Lord), I repent of the sin of (*name the sin*).

In the Name of Jesus, help me not to do it again; and in the Name of Jesus, please cleanse me from all unrighteousness.

3. Unknown Sins.

Heavenly Father, I am not aware of any sins. In the Name of Jesus, please cleanse me from all unrighteousness according to 1 John 1:9.

C. Acronyms for Prayer Definitions.

1. Unknown Sins.
US unknown sins USC Unknown Sins Count (or just U)
USP unknown sins Prayer
INT USP Intermittent are those done before interacting with God (such as before meals, morning prayer, Communion, etc.) or at timed intervals or as you are led to do them. Compare Rapid Fire USPs.
RF USP Rapid Fire are those done in batches like affirmations.
2. Known Sins.
KS Known Sins KSC Known Sins Count (or just K)
KSP Known Sins Prayer
AFF Affirmations (Healing, Prosperity, etc.)
3. Status Measurements.
These are used for mentoring communication. 10 is bad; the goal is zero.
OV Overall Measurement, which consists of 3 components:
 OVE Overall Emotional
 OVP Overall Physical
 OVS Overall Spiritual
JPP Joy Peace and Patience (combined number)
A Ankle; B Back; C Chest; F Foot; H Head; Hip Hip; J Joint; N Neck;
P Pain; S Shoulder; St Stomach
Note: Other definitions will often be necessary between counselor and counselee.

D. Miracle Working Prayer Sets.

1. Ideal Affirmation Sets – defined in Part 1.
 1 USP then 10 Healing affirmations; 3 times daily, close with 1 USP.
RF (Rapid Fire - Reverse Ideal) – Set definition
 I have been healed by the stripes of Jesus (+ more; do each 1 time)
 Before each group of 10 RF USPs, pray the above once.
 Do three groups of 10 RF USPs.
 Do the above set 3 times per day at morning, midday and evening.
2. Acute versus Chronic
 Chronic means that the challenge has been with you awhile. Use Ideal.
 Acute means new/flaring up & there is an urgency to get rid of it. Use RF.
3. Intermittent and Rapid Fire.
 Intermittent USPs should be a part of your lifestyle and are best in the long run. These include the ones before prayers, meals, Communion, etc.; at timed intervals; and those which are included in the Ideal Affirmations.
 Rapid Fire USPs are typically used with acute challenges.
 However Rapid Fire sets should be used to get your total number of USPs to over 50 per day (i.e., USC > 50). USC > 100 is highly recommended.