

A. Under Grace During the Age of Grace.

1. The Age of Grace.

The Age of Grace is a time period.

John 1:17 For the law was given by Moses, but **grace** and truth came by Jesus Christ.

2. Under Grace.

Being Under Grace is a state (or condition) of living into which you may choose to enter, remain or leave.

Rom 6:14 For sin shall not have dominion over you: for ye are not under the law, but under grace.

Rom 5:13 For until the law sin was in the world: but sin is not imputed when there is no law.

3. Your Faith Releases Grace into Your Life.

Your faith moves you into the state of being Under Grace.

Eph 2:8,9 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.

B. Benefits of Confessing Your Sins.

Confessing your sins produces the following six major results, listed below as two items each in 3 different categories:

1. Cleansing from sins.

You are washed clean like a new creation.

You move back under the umbrella of the protection of the Blood of Jesus.

2. Removing satanic access.

Ties, hooks and connections to sins and to the demons, devils and evil spirits behind them are broken.

You tie the hands of the devil so he has difficulty in attacking you.

3. Allowing God to help you.

You come back into the Kingdom of God.

You loose God's hands to help you.

C. Dealing with Your Unknown Sins.

1. Known Sins.

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Heavenly Father, I repent of the sin of (*name the sin*); In the Name of Jesus, please cleanse me of all unrighteousness.

2. Unknown Sins.

Heavenly Father, I am not aware of any sins. In the Name of Jesus, please cleanse me from all unrighteousness according to 1 John 1:9.

3. Dealing with Unknown Sins (US).

Praying the Unknown Sins Prayer (USP) moves you Under Grace.

a) Minimum Number is 10.

Do the USP before your Morning Prayers, Evening Prayers, each meal or snack (3 meals), Communion, Worship, Bible reading, Tongues, Affirmations.

b) Recommended.

Add these to the Minimum Number.

Do as frequently as possible (50 to 100 which is about the same as "1 per 15 minutes" to "2 per 15 min" for 12 hours).

c) An ideal approach for doing affirmations.

Assume a person's challenge is pain in the neck.

Define a set to be the following three affirmations.

I have been healed by the stripes of Jesus. Say 10 times.

My neck has been healed by the stripes of Jesus. Say 10 times.

I have been healed from pain by the stripes of Jesus. Say 10 times.

Before each group of 10 affirmations, pray the USP once; and at the end of the set of 3 affirmations, close with praying one USP.

Do 3 sets per day at morning, midday and evening.

For the day, you will do 90 affirmations and 10 USPs.

d) Rapid Fire USPs.

This is a method of doing a large number of USPs by saying them as if they were affirmations. Numbers achieved by ABCers so far include:

200+ (Blood Pressure went from 185+ to 126 in 5 days),

600+ (Eye pain went from 10 to 0 in one day),

750+ (Chose to cease taking heavy pain med prescribed by doctor after major surgery and in one day pain went down to 0),

1000+ (Overcame strep throat in 3 days with no medications).

Note:

Remember, since we are trying to stay under grace, the idea is to spread the USPs across our entire day.

To illustrate this concept, 50 USPs done once every 15 minutes throughout the entire day would most likely be a lot better than 1000 Rapid Fire USPs done at only two times during the entire day.

However, a general rule is to focus on the ideal for chronic challenges; and focus on the RR USPs for acute challenges (e.g., pain)..